

New Brunswick Home Economics Association

2020 Spring Newsletter

Please note that not being able to invite you to attend the 2020 Annual General Meeting in person is a first experience for us as a Board. Not knowing when it would be possible to have such a face-to-face meeting and to ensure everyone's safety during this exceptional period, we ask you to send your votes by e-mail by midnight June 30th, 2020.

As usual, the information reports number 4 to 13 will be voted on as a group while the others will require separate votes. You will be able to

- a) vote on the adoption of the reports*
- 2) type your first and family name and*
- 3) do a simple 'reply to all'. We thank you in advance for your cooperation in this matter.*

Agenda 2020 NBHEA Annual General Meeting

1. Adoption of the agenda
2. Minutes NBHEA 2019 Annual General Meeting
3. President's Report
4. Committee of Examiners Report
5. Exam Committee Report
6. Complaints Committee Report
7. Discipline Committee Report
8. Scholarship Committee Report
9. Continuing Education Committee Report
10. Université de Moncton Faculty Representative Report
11. Chapter Reports: Bathurst, Moncton
12. Correspondence
13. Nominations and Elections
14. Signing Officers
15. Unfinished business
 - 16.1 Proposed 2020-2021 budget
17. New Business:

In Memoriam

2. Minutes May 4th, 2019 NBHEA 2019 Annual General Meeting

Université de Moncton, NB

1. **Call to order:** Julie Caissie, president, calls the meeting to order at 10:33 with twenty-four (24) members present.

2. Role call of officers:

Jeanne Godin, Université de Moncton Representative
Jocelyne Savoie, Past president & Bathurst Chapter President
Aline Landry, Treasurer
Anita Landry, Corresponding Secretary
Stéphanie Arsenault, Moncton Chapter President & Registrar
Martine McIntyre, Recording Secretary
Regrets: Annie Lavoie, President-elect; Marilyn Upton, Saint John Chapter President

3. **Approval of agenda-** Moved by Murielle Gaudet and seconded by Riba Riordon that the agenda be approved. Motion carried.

4. Adoption of minutes 2018 AGM

Moved by Colette Landry Martin, seconded by Jocelyne Savoie, that the 2018 AGM minutes be approved with the addition of Sheila McCarthy's name as co-president in the 'thank you' section. Motion carried.

5. **Business arising from minutes** - no specific business arising from the minutes.

Moved by Aline Landry seconded by Marie-Pier Bérubé, that the motion to adopt the reports # 6 to #10 be done at the end of the presentations. Motion carried.

All written reports submitted to the corresponding secretary were published in the 2019 Spring NBHEA Newsletter sent to all members.

6. **President's report** – Julie Caissie presents her written report. See attached report.
7. **Treasurer's Report-** Aline Landry, treasurer, presents the *Statement of revenue and expenses from March 1, 2018 to March 1, 2019* as published in the Newsletter
8. **Legislative, Standing Committee and U. de M. representative Reports**
 - 8.1 **Committee of Examiners Report** - Stéphanie Arsenault, registrar, informs the membership that the published report in the Newsletter should have indicated we have 66 professional home economist and not 67.
 - 8.2 **Complaints Committee Report** – No complaints were received.
 - 8.3 **Discipline Committee Report** - No complaints had to be studied.
 - 8.4 **Education Committee Report-** The 10 members files evaluated accumulated the required continuing education points.
 - 8.5 **Scholarship Committee Report:** Annie Lavoie being absent, Julie Caissie presents the report.

8.6 Université de Moncton Faculty Representative Report

Jeanne Godin presents her written report to which should be added Jennifer Morin Sirois's name as a 2019 graduate. Since March 1, 2019, university enrolments for September 2019 are available: there is an increase for the minor in Formation personnelle et sociale and 10 are enrolled for the B.A.-B.Ed. program proving interest for our discipline.

9. Chapter Annual Reports

9.1 Moncton Chapter – See report published in the Spring NBHEA Newsletter.

9.2 Bathurst Chapter - See report published in the Spring NBHEA Newsletter.

9.3 Saint John Chapter – The president, Julie Caissie, reads the report.

10. Correspondence – no specific correspondence to report.

Colette Landry-Martin, seconded by Anita Landry, moves the adoption of the reports #6 to 10. Motion carried.

11. Nominations and elections - Two Board members are required: treasurer and corresponding secretary. The recording secretary resigned during the year and was replaced by Martine McIntyre.

Aline Landry presents the Nomination Committee Report as printed in the Newsletter with the following as the 2019-2020 Board members:

President: Julie Caissie,
Past president: Jocelyne Savoie & Bathurst Chapter President
President elect: Vacant
Treasurer: Kassandra Basque
UM Representative: Julie Caissie (2019-2020)
Registrar: Stéphanie Arsenault & Moncton Chapter President
Corresponding secretary: Jennifer Morin Sirois
Recording Secretary: Martine McIntyre

After asking if there were any other nominations from the floor, Jeanne Godin, seconded by Aline Landry, moves Karine Regnier as president elect.

Karine Regnier accepts to let her name stand. No other nominations coming from the floor after asking three times, all are elected by acclamation.

12 Signing officers

There is an amendment to the motion printed in the Newsletter. The newly elected president elect, Karine Regnier, will replace Jocelyne Savoie as a signing officer.

Colette Landry Martin, seconded by Jocelyne Savoie, moves that Julie Caissie, president, Karine Regnier, president elect, and Kassandra Basque, treasurer, will be the signing officers for the Association. Motion carried.

13 New Business

13.1 The treasurer, Aline Landry, seconded by Stéphanie Arsenault, moves the adoption of the *Proposed 2019-2020 Budget* as printed in the Newsletter. Since the *2020 International Home Economics Federation (IFHE) Conference* will be held in Atlanta, Georgia, USA, in August 2020, a sum of money is proposed to allow members who would wish to attend.

Motion carried.

13.2 Strategic Planning

The president informs the membership that a lot of work has been done to recruit new members.

14. Adjournment - The meeting adjourned at 11:10

Martine McIntyre, Recording Secretary

Julie Caissie, NBHEA president

3. Business arising from the minutes - No specific business from the minutes to report on.

4. President's Report

I have the pleasure to share the actions taken by the Board to promote the Association and the efforts to create new community partnerships.

Our progress during 2018-2019

During our October 2018 meeting with consultant, Lorio Roy, Board members had the opportunity to express their preoccupations concerning the future of the Association, specifically regarding our membership as well as the social needs. Possible solutions were suggested; since then, an action plan to help promote the Association so that our Professional Association may be revitalized has been accepted. The following three priorities have been identified:

- a) continue to review the courses needed to graduate with a B.A. (majeure en études familiales) in the future at U. de M (training for our future members);
- a) Review the courses needed to obtain a B. A. (majeure en études familiales – B. A. with a major in Family Studies) at U. de M.

Review of B. A. (majeure études familiales) program

The professors of the programs with a major in 'études familiales' (Family Studies) have been working at this task as requested by the Board of Governors of UM in 2017. We have opted to review the existing courses so that they may lead to a Baccalauréat ès Arts en Mieux-être (B. A. in Well-being). Lorio Roy was contracted by the Dean of our Faculty in November 2018 to do a Market Study on the need for a potential B.A. in Well-being. The results of the surveys and interviews with current employers either from the public, community or private sectors showed the need for trained professional capable to determine proactive strategies to help individual or employees maintain an optimum state of well-being. The proposal for such a new program was finalized and passed on to the Dean of the Faculty at the beginning of May. She should bring it to the Board of Governors to be studied at this management level and a decision taken regarding its implementation. We will keep you informed of the results.

- b) Promote the university programs preparing NBHEA-ANBEF potential members

During the 2019 annual conference NBHEA-ANBEF members expressed the same priorities as the Board concerning the future of the Association: 1) to preserve the programs with a major in Family Studies at l'Université de Moncton 2) to determine strategies to recruit potential members to strengthen the Association.

In order to promote our profession as well as the programs with a major in Family Studies currently offered, Jocelyne Savoie, past president, and Aline Landry, past Board member, were present at a booth at an NB teacher's conference held in Edmundston last August. Fifty-five (55) teachers, primarily from the northwest region, were informed on the current training required to practice our profession. From our standpoint, we were able to enquire about their experience teaching the compulsory course, Formation personnelle et sociale, and their potential need for professional development with the different topics taught (for which they have not necessarily received any formal training). The high school teachers were able to give us the names of the guidance counselors at their school, information which should help us to communicate directly with them to promote the Thelma Sewell Memorial Scholarship.

I attended the 'Sommet des femmes 2019' (Women's Issues Summit) allowing me to give more visibility to our profession and create new partnerships. As Board a member of the Consumer Council of Canada I had the opportunity to attend many profitable meetings in Toronto giving me an opportunity to speak of our profession. It is an honor for me to represent you at the national level.

c) Recrutement of new NBHEA members

Stéphanie Arsenault and I are continually communicating with young graduates in the workforce with the hope of getting them to become active members capable of being involved at different levels. We would like to take this opportunity to thank those who renewed their membership for 2020-2021. For those who may not have done it yet, you may still do it by communicating with our registrar by e-mail at: registraireanbefnbhearegistrar@gmail.com

On going

I would like to take this opportunity to mention the work done by Jocelyne Savoie, Aline Landry and Jeanne Godin regarding their efforts to meet with the staff at the Department of Education and Early Childhood Development) to continue to ask for a compulsory high school course in Foods and Nutrition taught by a qualified teacher. A follow-up was done with the newly hired consultant responsible for the existing compulsory course, Isabelle Perron-Desjardins to inform her of our previous steps taken at the Department regarding the urgent need for such a foods and nutrition compulsory course to enhance the health of our high school students. Another meeting with Isabelle Perron-Desjardins is planned.

Julie Caissie, Ph.D. EFI,
President NBHEA-ANBEF

Committee of Examiner’s Report- From March 1, 2019 to March 1, 2020, sixty-four (64) professionals have asked to be registered as an NBHEA member according to the Act to incorporate the New Brunswick Home Economics Association 1990. All qualified and were accepted according the following membership categories:

Chapters	Total	Active members	Non-employed members	Student members	Retired members	Honorary members
Saint-John	7	0	0	0	7	0
Moncton	34	12	3	7	12	1*
Bathurst	9	3	0	0	6	0
No chapter	14	4	0	0	10	0
TOTAL	64	19	3	7	35	1*

Stéphanie Arsenault, P.H.Ec., NBHEA-ANBEF Registrar
registraireanbef.nbhearegistrar@gmail.com

6. **Complaints Committee Report-** Paulette Robichaud reports that no complaints were received.
7. **Discipline Committee Report** – Margaret McCormack reports that no meetings were needed.
8. **Scholarship Committee Report** - The NBHEA Scholarship Committee includes Karine Regnier (Committee chair), Stéphanie Arsenault and Jocelyne Savoie. During the 2019-2020 academic year, three scholarships were awarded:
 - On January 21st, 2020, the committee awarded the NBHEA scholarship (\$1 500) to Noémie Auffrey-Jones, 4th year student (undergrad in Education, major in Family Studies) at the University of Moncton.
 - On January 21st, 2020, the committee awarded the NBHEA scholarship (\$1 500) to Isabelle Léger, 4th year student (undergrad in Education, major in Family Studies) at the University Moncton.
 - On January 21st, 2020, the committee awarded the Helen Crocker scholarship (\$1 000) to Martine McIntyre, 1st year master’s student (Health Services Management) at the University of Moncton.

Karine Regnier

Karine Regnier, P.H.Ec. Committee chair

9. Continuing Education Committee Report- Some ten cases were studied during the year. Our active members continue to submit complete files with the required supporting documents. So far, our member's professionalism is exemplary.

Stephanie Arsenault, P.H.Ec.

10. U. de M. Faculty Representative Report

**École des sciences des aliments, de nutrition et d'études familiales
Faculté des sciences de la santé et des services communautaires**

B.A. majeure études familiales	1 student
B.A.-B.Ed. majeure études familiales (1 enrolled in Sept. 2019 and 9 continue their major)	10 students
Mineure, Développement personnel et social (8 new enrolments in Sept. 2019 and 69 continue their minor)	77 étudiants

Congratulations ! to Noémie Auffrey-Jones

Graduated with a B.A.-B.Ed. (majeure études familiales) in May 2020 .



January 2020 – After fund raising activities in the fall, Jessica Gallant, Isabelle Léger, Joanie Godbout et Noémie Auffrey-Jones attended the annual conference of the Association of Canadian Human Ecology Students (ACHES) held from January 1 to 5, 2020 at the University of Alberta in Edmonton.

Review of the program B. A. with a major in Family Studies) at U. de M. as requested

Since September 2017, the professors of the programs with a major in “*études familiales*” (Family Studies) have been working at this task. We have opted to review the existing courses so that they may eventually lead to a Baccalauréat ès Arts en Mieux-être (B. A. in Well-being).

Consultant, Lorio Roy was contracted by the Dean of our Faculty in November 2018 to do a Market Study on the need for such a degree. The results of the surveys and interviews with current employers either from the public, community or private sectors showed the need for trained professional capable to determine proactive strategies to help individual or employees maintain an optimum state of well-being.

In June 2019, Léo-Paul Pinet, directeur général du Centre de bénévolat de la Péninsule acadienne and Barbara Losier, directrice du Mouvement Acadien des communautés en santé du Nouveau-Brunswick et Organisme coordinateur du Réseau-action communautaire composante de la Société santé et mieux-être en français du NB were identified and asked to evaluate our proposal. Their observations and recommendations were added to our proposal. Some of our NBHEA members accepted to review the proposal; they also recommended it. The process is finished and the proposal has been given to the Dean at the beginning of May. She should see that it is on the agenda of the Board of Governors to be studied and hopefully approved for implementation. We will keep you informed of the progress.

Home Economist professional rings were ordered in February 2020.

Julie Caissie, Ph.D., P.H.Ec.

Représentante de l'École des sciences des aliments, de nutrition et d'études familiales à l'U. M

11. Chapter Reports

Bathurst Chapter Report

The Bathurst Chapter met October 29, 2019 at the École Secondaire Nepisiguit greeted by Annie Thériault who is a teacher at this school. At this meeting, we proceeded with the election of Chapter officers, talked about affairs at U de M and choose the activity we would focus on this year.

February activity: Family Day. Some members of the Bathurst Chapter baked 13 dozen of cookies to serve during Tube sliding event taking place on Sunday, February 16th. The festivities were organized jointly by the City of Bathurst and the 'Collège communautaire du NB' student counsel. Thanks to all who participated. A special thank you to Riba Riordon who shared a variety of donuts left over from the dinner served at Bathurst High School the previous day.

Bathurst Chapter members: Marilyne Fergusson-Mallet, Riba Riordon and I, participated at the Hon. Dominic Cardy, Minister of Education and Early Childhood provincial tour meeting in Tracadie. We presented our paper claiming the importance of Home economics related courses in our schools. A copy of the document was left with his secretary. You can read the French version of this document on our web site: NBHEA/ANBEF.

A second chapter meeting scheduled for Wednesday, March 18th at Isa Restaurant in Bertrand had to be cancelled due to the virus Covid-19. Many items were on the agenda. Some of them will be discussed with the members by e-mail.

Thank you to all our Bathurst members who continue to attend the meetings, sit on the board, participate in activities and/or who pay their annual fees to our Association.

In order to save on expensive service charge fees, it was decided to close our Bathurst account and transfer our bank balance of 356.31 \$ to the provincial account. We will still have access to our funds managed by the provincial treasurer. Our thanks go to Lisa Landry for her many years as Chapter treasurer.

Jocelyne Savoie, P. H. Ec., Bathurst Chapter President

Moncton Chapter Report

The Moncton Chapter has unfortunately not held meetings since last May's AGM. The Chapter has experienced difficulty in obtaining a quorum at meetings for a few years.

A small group of interested members planned to meet this spring to organize a get-together (type 5:00 to 7:00). Unfortunately, the current situation due to the pandemic prevented us from meeting but the committee will take it up when the public health regulations allow it. Our objective is to find a type of meeting to allow members to share ideas.

If you have ideas you would like to share with us or questions to ask, please send an Email message to: stephaniearsenault07@hotmail.com

Stéphanie Arsenault, P.H.Ec., Member of the Moncton Chapter

12. Correspondence – No specific correspondence to report.

13. Nominations and Elections

All Board members, except the president, accept to continue their role on the Board. The Nomination Committee presents the following members as the 2020-2021 NBHEA Board of Directors:

President	Aline Landry
Past president	Julie Caissie
President Elect	Karine Regnier
Treasurer	Kassandra Basque
UM Faculty Representative	Jeanne Godin
Registrar	Stéphanie Arsenault
Corresponding Secretary	Jennifer Morin-Sirois
Recording Secretary	Martine McIntyre
Bathurst Chapter President	Jocelyne Savoie

15. Signing Officers

Two of the three following Board members occupying the positions of president, president-elect and treasurer are suggested as signing officers on each cheque.

14. Unfinished business

2019 conference in retrospect- ideas from our members

Two priorities were identified prior to the brainstorming session

1. Maintain Home Economic programs at U de M

- Point out that in high school they are bringing back trades but removing TECH in University;
- Express the urgency to potential employers for them to write (with a cc to NBHEA) to the administrators (such as Vice-president of research, Dean of the Education Faculty at U. de M.) expressing the need for future employees with our training;
- Encourage teachers who have training in 'études familiales' (family studies) to talk about their training to their students;
- Have promotional materials for the University programs in Family Studies;
- Have TV publicity;
- Inform guidance counselors so they can relay the Home Economics training information to high school students;
- Communicate with teachers who have a minor to inform them of the possibility of having a major;
- U.de M. should promote our programs offered at their institution;
- Inform employers of our training.

2. Supporting NBHEA

- Reconnect with former members and students to ask what would be required to regain their interest;
- Connect with NB Teacher's Association;
- Through contacts, try to reach including members that have to belong to other Associations;
- Actual member wants to participate more in local meetings;
- Speak with other Home Economists (retired teachers) to encourage them to join;
- Media Plan-have a member who is able to react to thing said on radio or TV (have 'catchy commercial');
- Each member tries to encourage at least one member to join our Association;
- Volunteer to work on an existing community project to give visibility to our Association such as on 'Family day';
- Speak with guidance counselors (on three university campus and the schools);
- Plan non-formal meetings schedules ahead of time;
- Invite non-members who studied Home Economics to our activities;
- Ask for and accept feedback;
- Celebrate anniversaries for past graduates;
- Make sure we are mentioned everywhere (radio, tv, web site).

In Memoriam

Jeannine Thériault



Jeannine was born in Thériault Office, Gloucester County, in October 1931. After her graduation at l'École centrale de Bertrand in 1949, she attended Teachers' College in Fredericton. She was an academic teacher at her village high school in 1951 followed by l'École régionale de Richiboucto and Moncton before deciding in 1957 to pursue the Home Economics Education training offered at Teachers' College in Fredericton.

She was active in NBHEA activities for many years in Moncton; in 1967 she was one of the French members who worked on the committee to translate the recipes of the cookbook, *NB Recipes*, used as a fund-raising project to offer students scholarships.

Jeannine was the first 'sciences familiales' teacher at l'École Beauséjour when it opened in 1958. After obtaining her Baccalauréat en enseignement des sciences familiales (Bachelor of teaching Home Economics) and ready to meet another challenge, she accepted a teaching position at the Polyvalente Louis-J-Robichaud September 1969 when it opened. The new equipment had to be organized in the Sciences familiales Département while implementing the level 02 courses for which the provincial evaluation exams were recognized as an entry credit for university as well as the level 03 courses developed for students who wanted to go directly in the workforce. Jeannine did a remarkable job in developing learning activities especially for the housing and childcare courses. Among the new laboratories in the Department was a large room with special equipment for pre-school aged children and an observation room. No complaints were given for the extra working hours during that time.

In 1971, she accepted a teaching position at l'École de nutrition et d'études familiales of l'Université de Moncton where she taught childcare and organized the new laboratory. The next year, she became Department Head of Sciences familiales (Home Economics) at the new École polyvalente Mathieu-Martin in Dieppe and participated at the organization of the Department. She was sciences familiales coordinator for school district #13 during many years. Jeannine retired from teaching in 1985.

Those of us who have known her as an Extension Education student will remember her as intellectually curious women; those who have known her as a friend, remember her as an authentic person.

Personally, I have considered her my best friend for some fifty years.

Aline Landry P.H.Ec.

Joan Buckingham-Whalen

Joan was born in Saint John, NB in 1934 and spent her youth in West Saint John attending Saint Patrick's Elementary School and the Assumption Parish.

After graduating from Saint Vincent High School, she enrolled in the two-year Home Economics Education course in 1952. That year was the last year the facilities at Saint John Vocational School were used to offer this specific course; then, in September 1953, Joan and three of her classmates moved on to Fredericton to attend classes at the Teachers' College building at the corner of Queen and York Street. All four graduated in 1954 ready to start their new teaching career.

Joan taught Home Economics in different Saint John schools and at the NB Community College where she taught the Homemaker Program for the Red Cross.

Besides being active in her Parish for over fifty years by serving on the Parish Council and many committees, she was a member of the Saint John Chapter of the New Brunswick Home Economics Association and a member of the Marco Polo Quilters Guild.

Joan passed away in Saint John September 25, 2019.

Note: This information was taken from the obituary published in the Telegraph Journal

Norma Boswick-Beville



Norma grew up in Saint John, NB. After her high school graduation in 1946, she enrolled in the two-year Home Economics Education course at Saint John Vocational School. She was among the first class of students to graduate in 1948. Later she completed a Bachelor of Science with a major in Home Economics and a Bachelor of Education at Pennsylvania State University, U.S.A.

Her first teaching position in 1948 was at the Port Elgin Regional High School where she set up the Home Economics Department. The first year she was the only Home Economics teacher in the department but not for long. The Home Economics courses quickly became popular at the high school requiring two Home Economics teachers at the school from then on. After three years she returned to Saint John where she opened another Department; this time it was at Simonds Regional High and she would have a similar experience at Hazen White-St. Frances School ten years later.

Being a committed member of the New Brunswick Home Economics Association, at the local and provincial level, Norma was one of the five persons who prepared the NBHEA brief presented to the representatives of the *Royal Commission on the Status of Women in Canada* in 1968 when they came to New Brunswick.

Many of us remember her as a regular attendee of our Annual NBHEA conferences.

Norma was in her nineties when she passed away at the Saint John Hospital January 23, 2020.