

New Brunswick Home Economics Association

2026 Spring Newsletter

The Board members are happy to invite you to socialize with them Friday May 1 and to attend the 2026 Annual General Meeting (AGM) and conference Saturday May 2, 2026.

A reservation has been done at Mai Restaurant, 1919 Mountain Rd. in Moncton for 5:00 May 1. Everyone will order from the menu and pay for their own meal.

The AGM will be held in the Kent room at the Crowne Plaza Hotel (corner of Main & Highfield St.) in Moncton Saturday, May 2 at 9:00

Saturday May 2, 2026

- 9:00** **2026 Annual General Meeting**
- 10:00** **Session in relation to the challenges of the Association and future implications**
- 10:45** **Break**
- 11:30** **Results of one of her research projects – Jeanne Godin, EFI**
- 12:00** **Lunch served at the hotel**
- 1:00** **Panel guests will talk about their Professional Practice as Home Economics graduates**

Annie Thériault, EFI: Teacher, École secondaire Népisiquit, Bathurst, NB

**Sheila Cormier: Manager, Infrastructure and Community Planning,
Indigenous Services Canada – Government of Canada**

Lynn Léger: Coordinator, Apprentissage en famille (Learning as a family), South-east – CODAC- NB

Geneviève Roy, EFI: Teacher, École Mgr-Marcel-F-Richard, Saint-Louis-de-Kent, NB

Carole Mallet: Physiotherapist, Centre de prevention de la violence (Violence Prevention Centre)

To help us plan for the AGM and the food, please let us know as soon as possible:

- 1) If you plan to attend Friday or Saturday or if you are unable to attend.**
- 2) if you have food allergies**
- 3) If you would like to add a topic on the AGM agenda under # 17 New Business**

The 2026 NBHEA Annual General Meeting agenda is according to By-law 7.04
The Information Reports number 3 to 13 will be voted on as a group while number 14 and 16.1 will be voted on separately.

1. Adoption of the agenda
 2. Minutes NBHEA 2024 Annual General Meeting
 3. Business arising from the minutes
 4. President's Report
 5. Treasurer's Report
 6. Committee of Examiners Report
 7. Complaints Committee Report
 8. Discipline Committee Report
 9. Scholarship Committee Report
 10. Continuing Education Committee Report
 11. Université Moncton Études familiales Representative Report
 12. Chapter Reports, including their financial report
 13. Correspondence
 14. Nominations and Elections
 15. Signing Officers
 16. Unfinished business
 - 16.1 Proposed 2026-2027 Budget
 17. New Business
 - 18. Adjournment
- In Memorium

PROXY FORM
Schedule B (according to the by-laws)

According to the by-laws, no NBHEA member may carry more than three (3) proxies at the Annual General Meeting.

I, _____, a member in good standing of the New Brunswick Home Economics Association (NBHEA), hereby appoint _____ as my proxy, to act and vote on my behalf at the Annual General Meeting of the Association to be held on May 2, 2026 and at any adjournment thereof.

Member's signature _____

Please **print** your name _____

Please **print** the name of the person you appoint _____

Signed this day _____ of _____, 2026

4. President's Report – Julie Caissie, P. H. Ec.

It is with pride and gratitude that I present my annual report. The past year has been marked by an evolution of our activities as well as significant achievements that testify to the relevance and vitality of Home Economics in New Brunswick.

Over the past year, NBHEA-ANBEF has continued its mission to promote the well-being of individuals, families and communities through education, awareness and professional engagement. This period allowed us to reassess our priorities and optimize our actions in order to better meet the current needs of our community.

The ANBEF has continued to play a key role in promoting the profession. In this regard, I had the honor of representing ANBEF during an official visit to the residence of the Lieutenant Governor of NB, Louise Imbeault. This meeting was a great opportunity to highlight the importance of Home Economics by contributing to the well-being of communities and to strengthen the recognition of our Association at the provincial level.

In the same spirit of outreach, I have also acted as the provincial representative of the Canadian Foundation for Home Economics, helping to strengthen ties between provincial authorities and promote our expertise beyond New Brunswick.

Most recently, NBHEA- ANBEF contributed to the international influence of knowledge by welcoming Professor Akiko Ueno, from Japan, on March 20 at l'École des sciences des aliments, de nutrition et d'études familiales (School of Food Sciences, Nutrition and Family Studies). She delivered an enriching conference on consumer financial education in Japan and issues related to their technology. This activity promoted intercultural exchanges and strengthened links between academic circles.

In the fall of 2025, I had the honor of representing NBHEA-ANBEF at the provincial consultations on the renewal of the NB Education Plan. It made it possible to reaffirm our essential place in the training of young people. I would also like to acknowledge the attentive support of Ms. Godin, our Director, whose presence and collaboration greatly enriched the scope of our discussions.

Prior to these consultations, a formal letter was sent to the Minister of Education, Claire Johnson, to express our concerns and emphasize the importance of preserving our university Home Economics training. We recently received a reply, and the progress of the file is a very encouraging signal, testifying to the scope of our concerted actions.

In a desire to plan for the future, the Board of Directors will undertake a strategic plan session on April 18. We will be pleased to present the main orientations that will result at the conference on May 2nd.

I would like to express my deep appreciation to the members of the Board of Directors, and our partners for their commitment and contribution. Your support as members is at the heart of our ability to make our Association evolve.

Together, let's continue to showcase our expertise and contribute to the well-being of families and communities.

5. Treasurer's Report will be sent separately.

6. Committee of Examiner's Report- Registrar, Stéphanie Arsenault, P.H.Ec.

From March 1, 2025 to March 1, 2026, thirty-six (36) asked to be registered according to the Act to incorporate the New Brunswick Home Economics Association 1990. One is a life member. All 36 qualified and were accepted according the following membership categories:

NB Regions	Total	Active	Non-Employed	Student	Retired	Life Member	
North (Bathurst, Tracadie, Shippagan)	6	1	0	0	5	0	
South (Saint John, Sussex)	5	0	0	0	4	1	
South East (Moncton Region)	17	8	0	2	7	0	
Central (Fredericton)	5	0	0	0	5		
West (Woodstock, Drummond)	2	2	0	0	0	0	
Out of province (N.S., Ontario, Australia)	2	0	0	0	3	0	
Total	37	11		2	23	1	

Notice was sent to all 2025-2026 members to renew their membership for the year 2026-2027, Twenty-two (22) have done so; three are life member. All qualified and were accepted according the following membership categories:

NB Regions	Total	Active	Non-Employed	Student	Retired	Life Member	
North (Bathurst, Tracadie, Shippagan)	3	2	0	0	3	0	
South (Saint John, Sussex)	2	0	0	0	1	1	
South East (Moncton region)	12	5	0	0	7	0	
Central (Fredericton)	5	0	0	0	2	3	
West (Woodstock, Drummond)	2	2	0		0	0	
Out of province (N.S., Ontario, Australia)	2	0	0	0	2	0	
Total	25	7	0	0	15	3	

Congratulations to Riba Girouard-Riordon, Professional Home Economist

The 8th annual *Pauline Spatz Leadership Award* was proudly presented to Riba Girouard-Riordon of Pokeshaw, NB. Her dedication and tireless advocacy for people affected by dementia embody the values of this Award.

A devoted wife, mother, teacher, and volunteer, Riba has touched countless lives through her compassion, leadership, and unwavering community spirit. As a teacher, she inspired generations of students to reach their full potential.

Beyond the classroom, she has served with numerous community organization for over 30 years including the Bathurst Rotary Club, the Terry Fox Run, 4-H Clubs, and the Alzheimer Society of New Brunswick, where she helps plan the annual Chaleur Walk for Alzheimer's.

We are deeply grateful for Riba's continued contributions. The New Brunswick Home Economics Association- Association du NB pour l'économie familiale joins the Alzheimer Society of New Brunswick in congratulating her for this well-deserved recognition.

7. Complaints Committee Report- No complaints were received.

8. Discipline Committee Report – No meetings were needed.

9. Scholarship Committee Report – Martine McIntyre, P.H.Ec.

Scholarship Committee members Martine McIntyre (chair), Riba Riordon and Jocelyne Savoie evaluated the applications in December 2025. One members enrolled in the B.A.-B.Ed. (majeure études familiales) at UM was awarded the *Helen Crocker Memorial Scholarship* worth \$3 000.

The following photo was published in the daily journal, l'Acadie Nouvelle.

10. Continuing Education Committee Report- Registrar, Stéphanie Arsenault, P.H.Ec.

Active members submitted complete files with the required supporting documentation. So far, the professionalism demonstrated by our active members has been exemplary. By investing a little each year in your continuing education, one can easily reach 30 points in three years.

**11. U de M Études familiales Representative Report – Julie Caissie, Ph.D., EFI
École des sciences des aliments, de nutrition et d'études familiales
Faculté des sciences de la santé et des services communautaires**

Enrolments in Programs in Études familiales – March 27, 2026

2 students are enrolled in studies leading to a B.A. - B. Ed. (*majeure études familiales*)
(5th year 2 students)

No students could be admitted to a B.A.-B. Ed. (*majeure études familiales*)
Program suspended in September 2021

101 students enrolled in minor, Développement personnel & social
(Personal & Social Development)

Enrolments in Nutrition Programs

46 students in B. Sc. (*nutrition*)

5 students in M. Sc. (*nutrition-alimentation*)

The School banquet took place on March 27, 2025, at the Crowne Plaza Hotel in Moncton.

Minor in Personal and Social Development – The Evaluation Report for this minor prepared and completed by Professors Jeanne Godin and Julie Caissie. The process took place in Fall 2025. The results were very positive and confirm the quality and relevance of the program.

A scientific café with Professor Akiko Ueno (Japan) was held on March 20 for students and staff.



Professors Julie Caissie and Akiko Ueno, Coralie Rossignol, student

**INVITATION TO THE RESIDENCE OF THE HONOURABLE LOUISE IMBEAULT, LIEUTENANT GOVERNOR OF
NEW BRUNSWICK**

It was an honor for me to attend the VIVE Awards ceremony (Ministerial Award of Excellence for the Promotion of Gender Equality) in Fredericton, recognizing women from across New Brunswick advancing gender equality.

Photo taken with Minister Boudreau (May 8, 2026)



ONGOING RESEARCH PROJECT

Recruitment for the following research project is now complete: *Evolution of teachers' representations regarding the participation of single mother heads of household in their children's school life.*

Research Team: Julie Caissie and Jeanne Godin, Université de Moncton.

Data analysis is currently underway.

This is the second phase of a phenomenological and longitudinal study, following research conducted as part of my doctoral studies: *Understanding the situation of single mother heads of household among the most disadvantaged in francophone New Brunswick and their relationship to their children's educational and academic success.*

DOCTORAL DEFENCE IN PSYCHOLOGY

The doctoral project in psychology by student Isabelle Bernard, entitled *Development of a program for teaching emotional labels based on a culturally adapted approach for Indigenous children*, has been completed. The doctoral defence took place on March 26 at the School of Psychology.



Annie Roy-Charland, Professor of Psychology and thesis supervisor; Julie Caissie, Professor of Family Studies and co-supervisor; Isabelle Bernard.

12. Chapters: Non-active

13. Correspondence – See President's Report

14. Nominations and Election

The Nomination Committee presents the following as the 2026-2027 NBHEA Board of Directors:

President	Julie Caissie
President Elect	VACANT
Treasurer	Gisèle McCaie-Burke
U. de M. Faculty Representative	Martine Lavallée
Registrar	Stephanie Arsenault
Corresponding Secretary	Jocelyne Savoie
Recording Secretary	Marie-Pier Bérubé
Past President	Aline Landry

15. Signing Officers

The signing officers for the Association shall be the treasurer and any other member approved by the Board; two signatures shall be required on each check (By-law 16.01). Presently, the president or president-elect is authorized to sign the cheques with the treasurer.

16. Unfinished business

16.1 Proposed NBHEA-ANBEF 2026-2027 Budget

The Proposed NBHEA-ANBEF 2026-2027 Budget will be sent separately.

IN MEMORIUM

Nancy Cook's obituary was sent to you in November 2025. We remember Nancy as an active New Brunswick Home Economics Association as well as a Canadian Home Economics Association member.